

Food Discovery Kit List

Gardening

Please dress for the weather! So:

- Waterproof coat
- Wellies, boots or trainers
- Warm socks
- Hats (if it's really cold)

The Country Trust will provide gardening gloves.

Cooking

- Make sure your child doesn't have nail varnish on!
- Provide bobbles for long hair so that it can be tied back

We provide all equipment

Farm visits

In Summer

- Tracksuit bottoms or trousers (skirts are not suitable, and jeans not great either as they are uncomfortable if they get wet)
- T-Shirt
- Sweatshirt or Jumper
- Sturdy trainers, walking boots or wellies
- Sun hat /sun cream
- Waterproof coat with hood
- Water bottles are also good on hot days

In Autumn, Winter and Spring

- Tracksuit bottoms or trousers (skirts are not suitable, and jeans not great either as they are uncomfortable if they get wet)
- Sweatshirt or Jumper
- Warm Jacket/Fleece
- Thick warm socks
- Wellies are ideal but walking boots are OK too
- Warm hat and gloves
- Waterproof coat with hood